



International Volunteer Day (IVD) is celebrated annually on December 5th. Established by the United Nations General Assembly in 1985, this day recognizes and promotes the spirit of volunteerism at local, national, and international levels. United Nations Volunteers join in the IVD celebrations, highlighting the significance of people-led solutions to our shared challenges.

Achieving the Sustainable Development Goals (SDGs) is impossible without the active participation of individuals at every stage and level. Volunteerism empowers people to become part of the solutions, enabling communities to engage in their own development.

The global challenges we face—such as climate change, conflicts, and social inequalities—can seem overwhelming. However, during these trying times, the spirit of volunteerism shines even brighter. Volunteers are often the first responders, tackling challenges with bravery, commitment, and generosity.

They foster a vibrant culture of service within their communities, connecting different generations and contributing to sustainable development. Engaging in volunteer work allows us to collaborate across age groups to achieve the SDGs, creating an intergenerational cycle of support and progress.



Furthermore, **Shahid Beheshti University of Medical Sciences** has a longstanding tradition of engaging in volunteer activities, promoting a culture of service and commitment to community development from the past to the present. Through various initiatives, the university empowers its students and faculty to contribute to the well-being of society, aligning with the values of volunteerism and the Sustainable Development Goals. For more information about their ongoing volunteer activities, please visit **these links**:

[Training Health Connectors: A step towards realizing the "Every Home, a Health Base" program.](#)

[Health Volunteers: The vital link between the health system and the community. Activity of 5,850 Health Volunteers at Shahid Beheshti University of Medical Sciences.](#)

[Dr. Zali's congratulatory message on the occasion of World Volunteer Day.](#)

[The beautiful role of smiles on the faces of 31 patients with cleft lip and palate on Eid Day.](#)

[Solidarity in the fight against COVID-19: A bright symbol of national commitment to volunteerism.](#)

[On the occasion of World Volunteer Day: An overview of the activities of volunteer groups at Shahid Beheshti University of Medical Sciences in Tehran.](#)

[World Volunteer Day.](#)

[The social vitality of the community depends on voluntary participation.](#)

[Celebration of World Volunteer Day at the East Tehran Health Center.](#)

[Health Volunteers: The link between the health system and the community.](#)

[A ceremony to honor health volunteers will be held.](#)

[A ceremony to commemorate health volunteers.](#)

[The capable hands of health volunteers complete the treatment chain.](#)

[Collaboration of over 200,000 health ambassadors and 12,000 health volunteers with the university](#)